

**Western Cape LC-A Championship 2023 - 14/12/2023 to 18/12/2023****FINA Points**

	<b>Name</b>	<b>Gender</b>	<b>Age</b>	<b>Team</b>	<b>Event</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
1	Burgess, Cassidy S	F	15	VINE	Women 14-15 50 Back	F	29.50	764
2	Hearne, Trinity S	F	20	CYBE	Women 16&O 100 Fly	F	1:00.99	752
3	Hearne, Trinity S	F	20	CYBE	Women 16&O 200 Free	F	2:04.47	747
4	Hearne, Trinity S	F	20	CYBE	Women 16&O 200 Fly	F	2:14.23	747
5	Hearne, Trinity S	F	20	CYBE	Women 16&O 100 Fly	P	1:01.23	743
6	Burgess, Cassidy S	F	15	VINE	Women 14-15 100 Back	F	1:03.73	732
7	Hearne, Trinity S	F	20	CYBE	Women 16&O 200 IM	F	2:20.04	730
8	Kotze, Abigail	F	14	TYGE	Women 14-15 100 Fly	F	1:01.78	724
9	Hearne, Trinity S	F	20	CYBE	Women 16&O 100 Free	F	57.67	720
10	De Villiers, Lezanne	F	19	LALE	Women 16&O 50 Back	F	30.12	718
11	Hearne, Trinity S	F	20	CYBE	Women 16&O 400 IM	F	4:59.38	704
12	De Jongh, Grace	F	17	LALE	Women 16&O 50 Back	F	30.42	697
13	Hearne, Trinity S	F	20	CYBE	Women 16&O 400 Free	F	4:27.07	693
14	De Wet, Emma M	F	16	VINE	Women 16&O 50 Back	F	30.54	689
15	Burgess, Cassidy S	F	15	VINE	Women 14-15 100 Back	P	1:05.03	689
16	Hearne, Trinity S	F	20	CYBE	Women 16&O 50 Free	F	26.79	689
17	Noades, Kiara J	F	22	LALE	Women 16&O 200 Free	F	2:07.99	687
18	De Jongh, Grace	F	17	LALE	Women 16&O 50 Back	P	30.63	683
19	Hearne, Trinity S	F	20	CYBE	Women 16&O 200 Free	P	2:08.32	682
20	Burgess, Cassidy S	F	15	VINE	Women 14-15 50 Back	P	30.65	682
21	De Villiers, Lezanne	F	19	LALE	Women 16&O 50 Back	P	30.66	681
22	Burgess, Cassidy S	F	15	VINE	Women 14-15 100 Fly	F	1:03.09	680
23	Hearne, Trinity S	F	20	CYBE	Women 16&O 50 Free	P	26.97	676
24	Humphrey, Jessica	F	15	AQUA	Women 14-15 50 Back	F	30.77	674
25	Kotze, Abigail	F	14	TYGE	Women 14-15 100 Free	F	59.01	672
26	Fury, Rebecca G	F	16	VINE	Women 16&O 200 Free	F	2:09.05	671
27	Kotze, Abigail	F	14	TYGE	Women 14-15 200 Free	F	2:09.16	669
28	Neilson, Hannah K	F	18	UWCA	Women 16&O 800 Free	F	9:14.15	669
29	Fury, Rebecca G	F	16	VINE	Women 16&O 100 Free	F	59.16	667
30	Kotze, Abigail	F	14	TYGE	Women 14-15 50 Free	F	27.09	667
31	Hearne, Trinity S	F	20	CYBE	Women 16&O 200 IM	P	2:24.32	667
32	Fury, Rebecca G	F	16	VINE	Women 16&O 50 Free	F	27.08	667
33	Weidemann, Inge	F	22	TUKS	Women 16&O 50 Fly	P	27.99	664
34	Noades, Kiara J	F	22	LALE	Women 16&O 200 Free	P	2:09.59	662
35	Burgess, Cassidy S	F	15	VINE	Women 14-15 200 Back	F	2:21.47	662
36	Uys, Tara	F	18	TYGE	Women 16&O 50 Back	F	30.96	661
37	Neilson, Hannah K	F	18	UWCA	Women 16&O 1500 Free	F	17:37.70	659
38	Hearne, Trinity S	F	20	CYBE	Women 16&O 50 Fly	F	28.08	658
39	Weidemann, Inge	F	22	TUKS	Women 16&O 200 Free	F	2:09.89	658
40	De Wet, Emma M	F	16	VINE	Women 16&O 50 Back	P	31.06	655
41	Noades, Kiara J	F	22	LALE	Women 16&O 400 Free	F	4:32.22	654
42	Weidemann, Inge	F	22	TUKS	Women 16&O 200 Free	P	2:10.15	654
43	De Wet, Emma M	F	16	VINE	Women 16&O 100 Back	F	1:06.28	651
44	De Jongh, Grace	F	17	LALE	Women 16&O 100 Back	P	1:06.37	648
45	Weidemann, Inge	F	22	TUKS	Women 16&O 50 Fly	F	28.24	647
46	Neilson, Hannah K	F	18	UWCA	Women 16&O 400 Free	F	4:33.99	642
47	Fury, Rebecca G	F	16	VINE	Women 16&O 50 Free	P	27.43	642
48	De Wet, Emma M	F	16	VINE	Women 16&O 200 Back	F	2:22.94	642
49	Burgess, Cassidy S	F	15	VINE	Women 14-15 200 Free	F	2:11.01	641
50	Du Plessis, Chanel P	F	16	CYBE	Women 16&O 100 Back	F	1:06.62	641
51	Burgess, Cassidy S	F	15	VINE	Women 14-15 100 Free	F	1:00.02	639
52	Kotze, Abigail	F	14	TYGE	Women 14-15 50 Fly	F	28.35	639
53	Meier, Marné	F	24	CASC	Women 16&O 100 Breast	F	1:14.58	635
54	Hearne, Trinity S	F	20	CYBE	Women 16&O 800 Free	F	9:23.90	635

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55	Fury, Rebecca G	F	16	VINE	Women 16&O 100 Free	P	1:00.18	634
56	Kotze, Abigail	F	14	TYGE	Women 14-15 200 IM	F	2:26.87	633
57	Fury, Rebecca G	F	16	VINE	Women 16&O 200 Free	P	2:11.57	633
58	Groepes, Rachel L	F	17	SAAW	Women 16&O 50 Free	F	27.57	632
59	Helmand, Anieke	F	18	KOVS	Women 16&O 100 Free	P	1:00.27	631
60	Hearne, Trinity S	F	20	CYBE	Women 16&O 50 Fly	P	28.47	631
61	Kotze, Abigail	F	14	TYGE	Women 14-15 100 Free	P	1:00.28	631
62	Burgess, Cassidy S	F	15	VINE	Women 14-15 200 Back	P	2:23.85	630
63	De Wet, Emma M	F	16	VINE	Women 16&O 200 Back	P	2:23.85	630
64	De Jongh, Grace	F	17	LALE	Women 16&O 100 Back	F	1:07.03	629
65	Burgess, Cassidy S	F	15	VINE	Women 14-15 100 Free	P	1:00.34	629
66	Neilson, Hannah K	F	18	UWCA	Women 16&O 200 Free	F	2:11.96	627
67	Hebler, Lily M	F	14	QSAW	Women 14-15 50 Back	F	31.52	627
68	Ribeiro, Nuria A	F	21	MATI	Women 16&O 50 Free	F	27.65	627
69	Meier, Marné	F	24	CASC	Women 16&O 100 Breast	P	1:15.03	624
70	Helmand, Anieke	F	18	KOVS	Women 16&O 50 Free	F	27.69	624
71	Groepes, Rachel L	F	17	SAAW	Women 16&O 100 Free	F	1:00.53	623
72	Helmand, Anieke	F	18	KOVS	Women 16&O 100 Free	F	1:00.52	623
73	Groepes, Rachel L	F	17	SAAW	Women 16&O 100 Free	P	1:00.56	622
74	Kotze, Abigail	F	14	TYGE	Women 14-15 200 Free	P	2:12.29	622
75	Uys, Tara	F	18	TYGE	Women 16&O 100 Back	F	1:07.32	621
76	Fury, Rebecca G	F	16	VINE	Women 16&O 50 Breast	F	34.34	621
77	Uys, Tara	F	18	TYGE	Women 16&O 200 Back	F	2:24.58	621
78	Du Plessis, Chanel P	F	16	CYBE	Women 16&O 50 Back	F	31.63	620
79	Groepes, Rachel L	F	17	SAAW	Women 16&O 200 Free	F	2:12.50	619
80	Christie, Leah E	F	18	CASC	Women 16&O 50 Free	F	27.76	619
81	Humphrey, Jessica	F	15	AQUA	Women 14-15 50 Back	P	31.67	618
82	Fury, Rebecca G	F	16	VINE	Women 16&O 200 IM	F	2:28.03	618
83	Cromhout, Hannah E	F	19	SAAW	Women 16&O 50 Free	F	27.83	615
84	Helmand, Anieke	F	18	KOVS	Women 16&O 50 Free	P	27.87	612
85	Meier, Marné	F	24	CASC	Women 16&O 50 Breast	F	34.52	611
86	De Wet, Emma M	F	16	VINE	Women 16&O 100 Back	P	1:07.72	610
87	Du Plessis, Chanel P	F	16	CYBE	Women 16&O 100 Back	P	1:07.71	610
88	Groepes, Rachel L	F	17	SAAW	Women 16&O 50 Free	P	27.91	609
89	Prinsloo, Mila	F	16	ASAW	Women 16&O 100 Fly	F	1:05.42	609
90	Du Plessis, Chanel P	F	16	CYBE	Women 16&O 50 Back	P	31.88	606
91	Burgess, Cassidy S	F	15	VINE	Women 14-15 100 Fly	P	1:05.55	606
92	Helmand, Anieke	F	18	KOVS	Women 16&O 200 Free	P	2:13.54	605
93	Kotze, Abigail	F	14	TYGE	Women 14-15 50 Fly	P	28.90	604
94	Fury, Rebecca G	F	16	VINE	Women 16&O 400 Free	F	4:39.53	604
95	Helmand, Anieke	F	18	KOVS	Women 16&O 200 Free	F	2:13.67	603
96	Ribeiro, Nuria A	F	21	MATI	Women 16&O 50 Free	P	28.01	603
97	De Villiers, Lezanne	F	19	LALE	Women 16&O 100 Back	F	1:08.00	603
98	Neilson, Hannah K	F	18	UWCA	Women 16&O 200 Free	P	2:13.69	603
99	Noades, Kiara J	F	22	LALE	Women 16&O 800 Free	F	9:33.83	602
100	Lombard, Jana	F	16	LALE	Women 16&O 50 Back	F	31.96	601
101	Fury, Rebecca G	F	16	VINE	Women 16&O 200 IM	P	2:29.43	601
102	De Villiers, Lezanne	F	19	LALE	Women 16&O 100 Back	P	1:08.08	600
103	Burgess, Cassidy S	F	15	VINE	Women 14-15 200 Free	P	2:13.93	600
104	Cromhout, Hannah E	F	19	SAAW	Women 16&O 50 Free	P	28.06	600
105	Vd Wal, Mieke	F	15	CASC	Women 14-15 50 Breast	P	34.75	599
106	Humphrey, Jessica	F	15	AQUA	Women 14-15 100 Back	F	1:08.14	599
107	Ribeiro, Nuria A	F	21	MATI	Women 16&O 100 Free	F	1:01.35	598
108	Fury, Rebecca G	F	16	VINE	Women 16&O 50 Breast	P	34.77	598

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109	Vd Wal, Mieke	F	15	CASC	Women 14-15 50 Breast	F	34.76	598
110	Meier, Marné	F	24	CASC	Women 16&0 50 Free	P	28.09	598
111	Vd Wal, Mieke	F	15	CASC	Women 14-15 100 Breast	F	1:16.13	597
112	Nieuwstad, Michelle	F	29	LALE	Women 16&0 50 Breast	P	34.78	597
113	Groepes, Rachel L	F	17	SAAW	Women 16&0 200 Free	P	2:14.11	597
114	Kotze, Abigail	F	14	TYGE	Women 14-15 50 Back	F	32.07	595
115	Nieuwstad, Michelle	F	29	LALE	Women 16&0 50 Free	F	28.15	594
116	Christie, Leah E	F	18	CASC	Women 16&0 50 Free	P	28.16	593
117	Humphrey, Jessica	F	15	AQUA	Women 14-15 200 IM	F	2:30.08	593
118	Nieuwstad, Michelle	F	29	LALE	Women 16&0 50 Breast	F	34.87	593
119	Botha, Lara E	F	17	ASAW	Women 16&0 200 IM	F	2:30.07	593
120	Nieuwstad, Michelle	F	29	LALE	Women 16&0 50 Free	P	28.17	593
121	Kotze, Abigail	F	14	TYGE	Women 14-15 100 Back	F	1:08.45	591
122	Burgess, Cassidy S	F	15	VINE	Women 14-15 50 Fly	F	29.11	591
123	Humphrey, Jessica	F	15	AQUA	Women 14-15 100 Free	F	1:01.59	591
124	Uys, Tara	F	18	TYGE	Women 16&0 50 Back	P	32.18	589
125	Ribeiro, Nuria A	F	21	MATI	Women 16&0 50 Back	F	32.19	588
126	Hearne, Trinity S	F	20	CYBE	Women 16&0 100 Free	P	1:01.75	587
127	Hebler, Lily M	F	14	QSAW	Women 14-15 50 Back	P	32.24	586
128	Meier, Marné	F	24	CASC	Women 16&0 200 Breast	F	2:45.99	586
129	Uys, Tara	F	18	TYGE	Women 16&0 100 Back	P	1:08.69	585
130	Botha, Lara E	F	17	ASAW	Women 16&0 100 Back	P	1:08.68	585
131	Humphrey, Jessica	F	15	AQUA	Women 14-15 100 Back	P	1:08.73	584
132	Du Plessis, Chanel P	F	16	CYBE	Women 16&0 100 Fly	F	1:06.38	583
133	Botha, Lara E	F	17	ASAW	Women 16&0 100 Back	F	1:08.74	583
134	Heyes, Danielle A	F	17	ASAC	Women 16&0 50 Free	P	28.32	583
135	Fury, Rebecca G	F	16	VINE	Women 16&0 100 Breast	F	1:16.75	583
136	Cronjè, Danielle	F	15	LALE	Women 14-15 50 Back	F	32.31	582
137	Humphrey, Jessica	F	15	AQUA	Women 14-15 200 Back	F	2:27.85	580
138	Christie, Leah E	F	18	CASC	Women 16&0 100 Free	F	1:01.98	580
139	Burgess, Cassidy S	F	15	VINE	Women 14-15 50 Fly	P	29.30	579
140	Fury, Rebecca G	F	16	VINE	Women 16&0 50 Fly	P	29.31	579
141	Meier, Marné	F	24	CASC	Women 16&0 50 Breast	P	35.16	578
142	Ribeiro, Nuria A	F	21	MATI	Women 16&0 50 Back	P	32.39	577
143	Lombard, Jana	F	16	LALE	Women 16&0 50 Back	P	32.40	577
144	Humphrey, Jessica	F	15	AQUA	Women 14-15 50 Free	F	28.44	576
145	Van Niekerk, Lica	F	16	PLAY	Women 16&0 50 Back	F	32.44	575
146	Cronjè, Danielle	F	15	LALE	Women 14-15 50 Back	P	32.43	575
147	Michell, Emma Y	F	18	LALE	Women 16&0 50 Back	F	32.46	574
148	Fury, Rebecca G	F	16	VINE	Women 16&0 50 Fly	F	29.39	574
149	Ribeiro, Nuria A	F	21	MATI	Women 16&0 100 Free	P	1:02.21	574
150	Prinsloo, Mila	F	16	ASAW	Women 16&0 50 Free	P	28.48	574
151	Uys, Tara	F	18	TYGE	Women 16&0 200 Back	P	2:28.46	573
152	Viljoen, Jo-Ell	F	17	ASAW	Women 16&0 100 Fly	F	1:06.81	572
153	Prinsloo, Mila	F	16	ASAW	Women 16&0 200 Fly	F	2:26.73	572
154	Humphrey, Jessica	F	15	AQUA	Women 14-15 200 Free	F	2:16.05	572
155	Groepes, Rachel L	F	17	SAAW	Women 16&0 50 Fly	F	29.43	572
156	Botha, Lara E	F	17	ASAW	Women 16&0 200 IM	P	2:31.99	571
157	Groepes, Rachel L	F	17	SAAW	Women 16&0 100 Back	F	1:09.28	570
158	Du Plessis, Chanel P	F	16	CYBE	Women 16&0 200 Back	F	2:28.72	570
159	Straszacker, Kristen C	F	23	CASC	Women 16&0 50 Free	P	28.55	569
160	Kotze, Abigail	F	14	TYGE	Women 14-15 50 Back	P	32.56	568
161	Fury, Rebecca G	F	16	VINE	Women 16&0 100 Breast	P	1:17.48	567
162	Noades, Kiara J	F	22	LALE	Women 16&0 50 Fly	F	29.53	566

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163	Burgess, Cassidy S	F	15	VINE	Women 14-15 50 Free	P	28.61	566
164	du Plessis, Madison	F	15	BLOT	Women 14-15 200 Breast	P	2:47.89	566
165	Heyes, Danielle A	F	17	ASAC	Women 16&O 50 Free	F	28.63	565
166	Lombard, Jana	F	16	LALE	Women 16&O 100 Fly	F	1:07.14	564
167	Viljoen, Jo-Ell	F	17	ASAW	Women 16&O 200 Fly	F	2:27.56	562
168	Botha, Lara E	F	17	ASAW	Women 16&O 200 Back	F	2:29.55	561
169	Viljoen, Jo-Ell	F	17	ASAW	Women 16&O 100 Fly	P	1:07.28	560
170	Helmand, Anieke	F	18	KOVS	Women 16&O 50 Breast	P	35.58	558
171	De Jongh, Grace	F	17	LALE	Women 16&O 100 Free	F	1:02.80	558
172	Prinsloo, Mila	F	16	ASAW	Women 16&O 100 Free	P	1:02.80	558
173	Cronjè, Danielle	F	15	LALE	Women 14-15 100 Back	F	1:09.76	558
174	Michell, Emma Y	F	18	LALE	Women 16&O 100 Back	P	1:09.81	557
175	Van Niekerk, Lica	F	16	PLAY	Women 16&O 50 Back	P	32.79	557
176	Prinsloo, Mila	F	16	ASAW	Women 16&O 200 Free	P	2:17.24	557
177	du Plessis, Madison	F	15	BLOT	Women 14-15 200 Breast	F	2:48.91	556
178	Michell, Emma Y	F	18	LALE	Women 16&O 50 Back	P	32.83	555
179	Du Plessis, Chanel P	F	16	CYBE	Women 16&O 200 Free	F	2:17.41	555
180	Humphrey, Jessica	F	15	AQUA	Women 14-15 400 Free	F	4:47.55	555
181	De Jongh, Grace	F	17	LALE	Women 16&O 100 Free	P	1:02.94	554
182	Labuschagne, Michaela	F	16	SSISA	Women 16&O 200 Free	F	2:17.48	554
183	Lombard, Jana	F	16	LALE	Women 16&O 50 Fly	F	29.74	554
184	Hebler, Lily M	F	14	QSAW	Women 14-15 100 Back	P	1:09.95	553
185	Groepes, Rachel L	F	17	SAAW	Women 16&O 50 Fly	P	29.78	552
186	Meier, Marné	F	24	CASC	Women 16&O 200 Breast	P	2:49.31	552
187	Lombard, Jana	F	16	LALE	Women 16&O 100 Free	F	1:03.01	552
188	Du Plessis, Chanel P	F	16	CYBE	Women 16&O 100 Fly	P	1:07.63	552
189	Theron, Jady	F	16	ASAW	Women 16&O 200 Free	F	2:17.69	552
190	Cronjè, Danielle	F	15	LALE	Women 14-15 100 Free	F	1:03.03	552
191	Combrink, Amy	F	14	VINE	Women 14-15 50 Free	F	28.84	552
192	Van Niekerk, Lica	F	16	PLAY	Women 16&O 100 Fly	F	1:07.67	551
193	Hebler, Lily M	F	14	QSAW	Women 14-15 100 Back	F	1:10.05	551
194	Helmand, Anieke	F	18	KOVS	Women 16&O 100 Back	F	1:10.10	550
195	De Jongh, Grace	F	17	LALE	Women 16&O 50 Free	F	28.90	549
196	Noades, Kiara J	F	22	LALE	Women 16&O 50 Fly	P	29.83	549
197	Cronjè, Danielle	F	15	LALE	Women 14-15 100 Back	P	1:10.13	549
198	Van Galen, Ava-Loren	F	14	STAQ	Women 14-15 50 Back	F	32.94	549
199	Cronjè, Danielle	F	15	LALE	Women 14-15 100 Free	P	1:03.12	549
200	Lombard, Jana	F	16	LALE	Women 16&O 200 Free	P	2:17.90	549
201	Combrink, Amy	F	14	VINE	Women 14-15 100 Free	F	1:03.21	547
202	Prinsloo, Mila	F	16	ASAW	Women 16&O 100 Free	F	1:03.19	547
203	Du Plessis, Chanel P	F	16	CYBE	Women 16&O 200 Back	P	2:30.82	547
204	Van Niekerk, Lica	F	16	PLAY	Women 16&O 50 Fly	F	29.89	546
205	Christie, Leah E	F	18	CASC	Women 16&O 100 Free	P	1:03.26	546
206	Langenhoven, Erin	F	16	SFSC	Women 16&O 200 Free	P	2:18.18	546
207	de Jager, Katie	F	14	BLOT	Women 14-15 400 Free	F	4:49.18	546
208	Humphrey, Jessica	F	15	AQUA	Women 14-15 200 Back	P	2:30.96	545
209	Lombard, Jana	F	16	LALE	Women 16&O 100 Back	P	1:10.32	545
210	Daffarn, Eri J	F	19	VINE	Women 16&O 50 Free	F	28.97	545
211	Cronjè, Danielle	F	15	LALE	Women 14-15 200 Back	F	2:30.94	545
212	Prinsloo, Mila	F	16	ASAW	Women 16&O 200 Free	F	2:18.28	545
213	Van Niekerk, Lica	F	16	PLAY	Women 16&O 100 Free	F	1:03.28	545
214	Du Plessis, Chanel P	F	16	CYBE	Women 16&O 200 Free	P	2:18.28	545
215	Combrink, Amy	F	14	VINE	Women 14-15 50 Back	F	33.05	544
216	Nieuwstad, Michelle	F	29	LALE	Women 16&O 100 Breast	F	1:18.54	544

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217	Combrink, Amy	F	14	VINE	Women 14-15 50 Free	P	28.99	544
218	Daffarn, Eri J	F	19	VINE	Women 16&O 100 Free	F	1:03.37	543
219	Daffarn, Eri J	F	19	VINE	Women 16&O 50 Free	P	29.00	543
220	De Jongh, Grace	F	17	LALE	Women 16&O 50 Free	P	29.03	542
221	Gennarakis, Christina	F	16	CASC	Women 16&O 100 Free	F	1:03.40	542
222	Theron, Jady	F	16	ASAW	Women 16&O 100 Free	F	1:03.40	542
223	Labuschagne, Michaela	F	16	SSISA	Women 16&O 200 Free	P	2:18.63	541
224	Fury, Rebecca G	F	16	VINE	Women 16&O 100 Fly	F	1:08.07	541
225	Vd Wal, Mieke	F	15	CASC	Women 14-15 50 Free	F	29.05	540
226	de Jager, Katie	F	14	BLOT	Women 14-15 200 Free	P	2:18.80	539
227	Groepes, Rachel L	F	17	SAAW	Women 16&O 100 Back	P	1:10.58	539
228	De Wet, Emma M	F	16	VINE	Women 16&O 50 Free	P	29.08	539
229	Fury, Rebecca G	F	16	VINE	Women 16&O 100 Fly	P	1:08.15	539
230	Ward, Tanith A	F	17	SSISA	Women 16&O 50 Back	F	33.16	538
231	Theron, Jady	F	16	ASAW	Women 16&O 200 Free	P	2:18.84	538
232	Helmand, Anieke	F	18	KOVS	Women 16&O 50 Breast	F	36.01	538
233	Ward, Tanith A	F	17	SSISA	Women 16&O 50 Back	P	33.17	538
234	Botha, Lara E	F	17	ASAW	Women 16&O 200 Back	P	2:31.60	538
235	Vd Wal, Mieke	F	15	CASC	Women 14-15 100 Breast	P	1:18.81	538
236	Ribeiro, Nuria A	F	21	MATI	Women 16&O 100 Back	F	1:10.67	537
237	Bergh, Madison S	F	14	AQUA	Women 14-15 200 Free	F	2:18.95	537
238	Gennarakis, Christina	F	16	CASC	Women 16&O 50 Free	F	29.11	537
239	Meier, Marné	F	24	CASC	Women 16&O 50 Fly	P	30.04	537
240	de Jager, Katie	F	14	BLOT	Women 14-15 200 Free	F	2:19.03	536
241	Humphrey, Jessica	F	15	AQUA	Women 14-15 200 IM	P	2:35.26	536
242	Helmand, Anieke	F	18	KOVS	Women 16&O 50 Back	P	33.20	536
243	de Jager, Katie	F	14	BLOT	Women 14-15 800 Free	F	9:57.05	535
244	Ward, Tanith A	F	17	SSISA	Women 16&O 100 Back	F	1:10.74	535
245	Kotze, Abigail	F	14	TYGE	Women 14-15 50 Free	P	29.15	535
246	Prinsloo, Mila	F	16	ASAW	Women 16&O 400 Free	F	4:51.10	535
247	Gennarakis, Christina	F	16	CASC	Women 16&O 100 Free	P	1:03.68	535
248	Bergh, Madison S	F	14	AQUA	Women 14-15 200 Free	P	2:19.10	535
249	Michell, Emma Y	F	18	LALE	Women 16&O 200 Free	P	2:19.12	535
250	Theron, Jady	F	16	ASAW	Women 16&O 100 Free	P	1:03.70	534
251	Cronjè, Danielle	F	15	LALE	Women 14-15 50 Free	F	29.17	534
252	Kotze, Abigail	F	14	TYGE	Women 14-15 200 IM	P	2:35.46	533
253	Schmidt, Amy	F	15	ASAW	Women 14-15 50 Back	F	33.27	533
254	Lombard, Jana	F	16	LALE	Women 16&O 50 Fly	P	30.12	533
255	Vickers, Sophie	F	16	SSISA	Women 16&O 100 Back	F	1:10.82	533
256	Daffarn, Eri J	F	19	VINE	Women 16&O 100 Free	P	1:03.80	532
257	Helmand, Anieke	F	18	KOVS	Women 16&O 100 Back	P	1:10.87	532
258	Humphrey, Jessica	F	15	AQUA	Women 14-15 100 Free	P	1:03.78	532
259	Humphrey, Jessica	F	15	AQUA	Women 14-15 200 Free	P	2:19.35	532
260	Lombard, Jana	F	16	LALE	Women 16&O 100 Fly	P	1:08.50	531
261	Vickers, Sophie	F	16	SSISA	Women 16&O 100 Back	P	1:10.91	531
262	Ribeiro, Nuria A	F	21	MATI	Women 16&O 100 Back	P	1:10.96	530
263	Van Galen, Ava-Loren	F	14	STAQ	Women 14-15 50 Back	P	33.33	530
264	Langenhoven, Erin	F	16	SFSC	Women 16&O 100 Free	F	1:03.88	530
265	De Jongh, Grace	F	17	LALE	Women 16&O 200 Back	F	2:32.36	530
266	du Plessis, Madison	F	15	BLOT	Women 14-15 400 IM	F	5:28.98	530
267	Novello, Utah	F	17	CLSC	Women 16&O 50 Free	F	29.26	529
268	Michell, Emma Y	F	18	LALE	Women 16&O 100 Back	F	1:11.01	529
269	Du Plessis, Chanel P	F	16	CYBE	Women 16&O 100 Free	P	1:03.91	529
270	Webber, Isabella L	F	16	VINE	Women 16&O 50 Free	P	29.28	528

**Western Cape LC-A Championship 2023 - 14/12/2023 to 18/12/2023****FINA Points**

	<b>Name</b>	<b>Gender</b>	<b>Age</b>	<b>Team</b>	<b>Event</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
271	Van Niekerk, Lica	F	16	PLAY	Women 16&O 100 Fly	P	1:08.61	528
272	Vd Wal, Mieke	F	15	CASC	Women 14-15 200 Breast	F	2:51.97	527
273	Helmand, Anieke	F	18	KOVS	Women 16&O 200 Back	P	2:32.69	527
274	Combrink, Amy	F	14	VINE	Women 14-15 50 Back	P	33.42	526
275	De Jongh, Grace	F	17	LALE	Women 16&O 50 Fly	F	30.25	526
276	Gennarakis, Christina	F	16	CASC	Women 16&O 50 Free	P	29.32	526
277	Paljk, Tilka	F	26	MATI	Women 16&O 50 Free	P	29.34	525
278	De Jongh, Grace	F	17	LALE	Women 16&O 200 Back	P	2:32.84	525
279	Van Niekerk, Lica	F	16	PLAY	Women 16&O 50 Fly	P	30.28	525
280	Viljoen, Jo-Ell	F	17	ASAW	Women 16&O 200 Back	P	2:32.85	525
281	Paljk, Tilka	F	26	MATI	Women 16&O 50 Breast	P	36.31	525
282	De Villiers, Lezanne	F	19	LALE	Women 16&O 50 Free	F	29.34	525
283	Daffarn, Eri J	F	19	VINE	Women 16&O 200 Free	F	2:19.98	525
284	Prinsloo, Mila	F	16	ASAW	Women 16&O 50 Fly	F	30.29	524
285	Du Plessis, Chanel P	F	16	CYBE	Women 16&O 100 Free	F	1:04.11	524
286	Christie, Leah E	F	18	CASC	Women 16&O 50 Fly	P	30.29	524
287	Combrink, Amy	F	14	VINE	Women 14-15 100 Free	P	1:04.12	524
288	Prinsloo, Mila	F	16	ASAW	Women 16&O 100 Fly	P	1:08.78	524
289	Prinsloo, Mila	F	16	ASAW	Women 16&O 50 Fly	P	30.29	524
290	Havemann, Bella	F	15	ASAC	Women 14-15 50 Free	P	29.39	522
291	Uys, Tara	F	18	TYGE	Women 16&O 200 IM	F	2:36.63	522
292	De Wet, Emma M	F	16	VINE	Women 16&O 50 Fly	P	30.36	521
293	Daffarn, Eri J	F	19	VINE	Women 16&O 50 Back	F	33.52	521
294	Lombard, Jana	F	16	LALE	Women 16&O 100 Back	F	1:11.37	521
295	Hebler, Lily M	F	14	QSAW	Women 14-15 200 Back	F	2:33.22	521
296	Michell, Emma Y	F	18	LALE	Women 16&O 200 Free	F	2:20.41	520
297	Schmidt, Amy	F	15	ASAW	Women 14-15 50 Back	P	33.53	520
298	De Wet, Emma M	F	16	VINE	Women 16&O 50 Free	F	29.42	520
299	De Jongh, Grace	F	17	LALE	Women 16&O 50 Fly	P	30.40	518
300	De Villiers, Lezanne	F	19	LALE	Women 16&O 50 Free	P	29.46	518
301	Theron, Jady	F	16	ASAW	Women 16&O 400 Free	F	4:54.25	518
302	Webber, Isabella L	F	16	VINE	Women 16&O 50 Free	F	29.46	518
303	Neilson, Hannah K	F	18	UWCA	Women 16&O 100 Free	P	1:04.41	517
304	Meier, Marné	F	24	CASC	Women 16&O 50 Fly	F	30.43	517
305	Neilson, Hannah K	F	18	UWCA	Women 16&O 200 IM	F	2:37.10	517
306	Kotze, Abigail	F	14	TYGE	Women 14-15 100 Fly	P	1:09.10	517
307	Groepes, Rachel L	F	17	SAAW	Women 16&O 100 Fly	P	1:09.10	517
308	De Wet, Emma M	F	16	VINE	Women 16&O 50 Fly	F	30.42	517
309	Cronjè, Danielle	F	15	LALE	Women 14-15 200 Free	F	2:20.79	516
310	De Roubaix, Maric M	F	16	LALE	Women 16&O 400 Free	F	4:54.68	516
311	Fury, Rebecca G	F	16	VINE	Women 16&O 200 Breast	P	2:53.16	516
312	Lombard, Jana	F	16	LALE	Women 16&O 100 Free	P	1:04.50	515
313	Helmand, Jana	F	16	BLOT	Women 16&O 200 Free	P	2:20.95	515
314	Du Plessis, Chanel P	F	16	CYBE	Women 16&O 400 Free	F	4:55.10	514
315	Cronjè, Danielle	F	15	LALE	Women 14-15 50 Free	P	29.54	514
316	Cromhout, Hannah E	F	19	SAAW	Women 16&O 50 Back	P	33.66	514
317	Helmand, Jana	F	16	BLOT	Women 16&O 200 Free	F	2:21.02	514
318	Bergh, Madison S	F	14	AQUA	Women 14-15 400 Free	F	4:54.98	514
319	Helmand, Anieke	F	18	KOVS	Women 16&O 50 Back	F	33.66	514
320	Coleman, Madison	F	14	BLMA	Women 14-15 50 Breast	F	36.57	514
321	Lombard, Jana	F	16	LALE	Women 16&O 200 Free	F	2:20.98	514
322	De Jongh, Grace	F	17	LALE	Women 16&O 200 Free	P	2:21.13	513
323	Daffarn, Eri J	F	19	VINE	Women 16&O 200 Free	P	2:21.06	513
324	Cromhout, Hannah E	F	19	SAAW	Women 16&O 50 Fly	P	30.50	513

**Western Cape LC-A Championship 2023 - 14/12/2023 to 18/12/2023****FINA Points**

<b>Name</b>	<b>Gender</b>	<b>Age</b>	<b>Team</b>	<b>Event</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>	
325	Novello, Utah	F	17	CLSC	Women 16&0 50 Free	P	29.56	513
326	Labuschagne, Michaela	F	16	SSISA	Women 16&0 200 IM	F	2:37.62	512
327	Christie, Leah E	F	18	CASC	Women 16&0 50 Fly	F	30.53	512
328	Havemann, Bella	F	15	ASAC	Women 14-15 50 Free	F	29.58	512
329	Langenhoven, Erin	F	16	SFSC	Women 16&0 100 Free	P	1:04.62	512
330	Novello, Utah	F	17	CLSC	Women 16&0 200 IM	F	2:37.67	511
331	Groepes, Rachel L	F	17	SAAW	Women 16&0 100 Fly	F	1:09.39	511
332	King, Mischa	F	18	LALE	Women 16&0 200 Free	P	2:21.30	511
333	Van Galen, Ava-Loren	F	14	STAQ	Women 14-15 50 Free	F	29.61	510
334	Humphrey, Jessica	F	15	AQUA	Women 14-15 50 Free	P	29.62	510
335	Meier, Marné	F	24	CASC	Women 16&0 50 Back	P	33.78	509
336	Ward, Tanith A	F	17	SSISA	Women 16&0 100 Back	P	1:11.91	509
337	Vd Wal, Mieke	F	15	CASC	Women 14-15 200 IM	P	2:37.90	509
338	Van Niekerk, Lica	F	16	PLAY	Women 16&0 200 IM	F	2:38.06	508
339	de Jager, Katie	F	14	BLOT	Women 14-15 100 Free	P	1:04.78	508
340	Uys, Tara	F	18	TYGE	Women 16&0 200 IM	P	2:38.02	508
341	Van Niekerk, Lica	F	16	PLAY	Women 16&0 100 Free	P	1:04.78	508
342	Bergh, Madison S	F	14	AQUA	Women 14-15 800 Free	F	10:07.22	508
343	Havenga, Skyla K	F	17	CLSC	Women 16&0 200 Free	P	2:21.62	507
344	Vd Wal, Mieke	F	15	CASC	Women 14-15 50 Free	P	29.67	507
345	Kotze, Abigail	F	14	TYGE	Women 14-15 100 Back	P	1:12.01	507
346	Meier, Marné	F	24	CASC	Women 16&0 50 Back	F	33.83	507
347	Nieuwstad, Michelle	F	29	LALE	Women 16&0 100 Breast	P	1:20.43	506
348	Holthuis, Keilah-Naomi	F	14	QSAW	Women 14-15 100 Free	P	1:04.86	506
349	Watson, Caitlin C	F	16	BLMA	Women 16&0 100 Free	P	1:04.90	505
350	Liebenberg, Emily M	F	14	SWAR	Women 14-15 100 Free	F	1:04.93	505
351	Kotzè, Tamsyn G	F	16	BLMA	Women 16&0 200 Free	P	2:21.81	505
352	Watson, Caitlin C	F	16	BLMA	Women 16&0 100 Free	F	1:04.92	505
353	Brink, Payton B	F	17	VINE	Women 16&0 100 Free	P	1:04.93	505
354	Morris, Jenna	F	14	VINE	Women 14-15 50 Back	P	33.87	505
355	Smidt, Clio J	F	17	VINE	Women 16&0 50 Back	P	33.88	505
356	Jones, Gemma K	F	15	VINE	Women 14-15 100 Back	P	1:12.13	505
357	Hartung, Amy M	F	14	ASAC	Women 14-15 200 Free	P	2:21.83	505
358	Smit, Jenna	F	16	CASC	Women 16&0 100 Free	P	1:04.95	504
359	De Roubaix, Maric M	F	16	LALE	Women 16&0 200 Free	P	2:21.95	504
360	Hugo, Anika S	F	17	QSAW	Women 16&0 50 Breast	P	36.80	504
361	Newton, Ava L	F	14	CASC	Women 14-15 200 Back	P	2:34.96	504
362	Liebenberg, Emily M	F	14	SWAR	Women 14-15 50 Free	F	29.75	503
363	Cromhout, Hannah E	F	19	SAAW	Women 16&0 50 Fly	F	30.70	503
364	Gennarakis, Christina	F	16	CASC	Women 16&0 200 Free	P	2:21.99	503
365	Vickers, Sophie	F	16	SSISA	Women 16&0 100 Free	P	1:05.01	503
366	De Roubaix, Maric M	F	16	LALE	Women 16&0 800 Free	F	10:09.78	502
367	Newton, Ava L	F	14	CASC	Women 14-15 200 Breast	F	2:54.75	502
368	Watson, Caitlin C	F	16	BLMA	Women 16&0 200 Free	P	2:22.10	502
369	De Wet, Emma M	F	16	VINE	Women 16&0 100 Free	P	1:05.05	502
370	Webber, Isabella L	F	16	VINE	Women 16&0 100 Free	P	1:05.04	502
371	Combrink, Amy	F	14	VINE	Women 14-15 100 Back	P	1:12.27	502
372	Van Niekerk, Lica	F	16	PLAY	Women 16&0 200 IM	P	2:38.68	502
373	Smit, Jenna	F	16	CASC	Women 16&0 100 Back	P	1:12.25	502
374	Holthuis, Keilah-Naomi	F	14	QSAW	Women 14-15 100 Free	F	1:05.03	502
375	Viljoen, Jo-Ell	F	17	ASAW	Women 16&0 100 Back	P	1:12.26	502
376	Newton, Ava L	F	14	CASC	Women 14-15 200 Back	F	2:35.26	501
377	Gennarakis, Christina	F	16	CASC	Women 16&0 50 Fly	F	30.75	501
378	Smit, Jenna	F	16	CASC	Women 16&0 50 Back	P	33.97	501

**Western Cape LC-A Championship 2023 - 14/12/2023 to 18/12/2023****FINA Points**

<b>Name</b>	<b>Gender</b>	<b>Age</b>	<b>Team</b>	<b>Event</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>	
379	Combrink, Amy	F	14	VINE	Women 14-15 200 IM	F	2:38.75	501
380	Vd Wal, Mieke	F	15	CASC	Women 14-15 200 Breast	P	2:54.89	501
381	Langenhoven, Erin	F	16	SFSC	Women 16&O 100 Fly	F	1:09.85	501
382	Kotzè, Tamsyn G	F	16	BLMA	Women 16&O 800 Free	F	10:10.15	501
383	Daffarn, Eri J	F	19	VINE	Women 16&O 50 Back	P	33.95	501
384	Viljoen, Jo-Ell	F	17	ASAW	Women 16&O 200 Back	F	2:35.22	501
385	Van Huyssteen, Miette	F	16	CUHE	Women 16&O 50 Back	P	33.99	500
386	Fury, Rebecca G	F	16	VINE	Women 16&O 200 Breast	F	2:55.02	500
387	Wium, Mari	F	14	QSAW	Women 14-15 50 Fly	P	30.76	500
388	Smidt, Clio J	F	17	VINE	Women 16&O 100 Back	F	1:12.36	500
389	Gerber, Mia	F	15	LALE	Women 14-15 200 Breast	F	2:55.02	500
390	Cronjè, Danielle	F	15	LALE	Women 14-15 200 Free	P	2:22.35	499
391	Combrink, Amy	F	14	VINE	Women 14-15 50 Breast	F	36.92	499
392	Hugo, Anika S	F	17	QSAW	Women 16&O 50 Breast	F	36.93	499
393	Smidt, Clio J	F	17	VINE	Women 16&O 100 Back	P	1:12.41	499
394	du Plessis, Madison	F	15	BLOT	Women 14-15 400 Free	F	4:58.13	498
395	Wium, Mari	F	14	QSAW	Women 14-15 50 Back	P	34.02	498
396	Vd Wal, Mieke	F	15	CASC	Women 14-15 400 IM	F	5:35.97	498
397	Laubscher, Maya R	F	16	GSA	Women 16&O 100 Free	P	1:05.28	497
398	Newton, Ava L	F	14	CASC	Women 14-15 100 Back	P	1:12.50	497
399	Bergh, Madison S	F	14	AQUA	Women 14-15 100 Free	P	1:05.26	497
400	Labuschagne, Michaela	F	16	SSISA	Women 16&O 100 Free	P	1:05.32	496
401	Neilson, Hannah K	F	18	UWCA	Women 16&O 200 IM	P	2:39.32	496
402	Labuschagne, Michaela	F	16	SSISA	Women 16&O 200 IM	P	2:39.40	495
403	Cromhout, Hannah E	F	19	SAAW	Women 16&O 50 Back	F	34.09	495
404	Lategan, Emma M	F	15	CASC	Women 14-15 50 Back	P	34.10	495
405	Hugo, Anika S	F	17	QSAW	Women 16&O 100 Breast	P	1:21.02	495
406	Combrink, Amy	F	14	VINE	Women 14-15 100 Back	F	1:12.63	494
407	De Wet, Emma M	F	16	VINE	Women 16&O 200 Free	P	2:22.84	494
408	Hebler, Lily M	F	14	QSAW	Women 14-15 200 Back	P	2:36.02	494
409	Du Plessis, Chanel P	F	16	CYBE	Women 16&O 50 Fly	P	30.89	494
410	Viljoen, Jo-Ell	F	17	ASAW	Women 16&O 100 Back	F	1:12.66	494
411	Laubscher, Maya R	F	16	GSA	Women 16&O 50 Free	P	29.96	493
412	Laubscher, Maya R	F	16	GSA	Women 16&O 800 Free	F	10:13.38	493
413	Liebenberg, Emily M	F	14	SWAR	Women 14-15 100 Free	P	1:05.49	492
414	Bergh, Madison S	F	14	AQUA	Women 14-15 100 Free	F	1:05.48	492
415	Combrink, Amy	F	14	VINE	Women 14-15 50 Breast	P	37.09	492
416	Du Plessis, Chanel P	F	16	CYBE	Women 16&O 50 Fly	F	30.94	492
417	Bergh, Madison S	F	14	AQUA	Women 14-15 100 Back	P	1:12.77	492
418	Hartung, Amy M	F	14	ASAC	Women 14-15 200 Free	F	2:23.09	492
419	Van Niekerk, Lica	F	16	PLAY	Women 16&O 50 Breast	F	37.12	491
420	Botha, Lara E	F	17	ASAW	Women 16&O 100 Breast	F	1:21.27	491
421	Ward, Tanith A	F	17	SSISA	Women 16&O 200 Back	F	2:36.26	491
422	Van Galen, Ava-Loren	F	14	STAQ	Women 14-15 100 Back	P	1:12.78	491
423	Van Galen, Ava-Loren	F	14	STAQ	Women 14-15 50 Fly	F	30.97	490
424	Van Galen, Ava-Loren	F	14	STAQ	Women 14-15 50 Free	P	30.02	490
425	Schmidt, Amy	F	15	ASAW	Women 14-15 200 Back	F	2:36.37	490
426	Liebenberg, Emily M	F	14	SWAR	Women 14-15 200 Free	P	2:23.27	490
427	Hugo, Anika S	F	17	QSAW	Women 16&O 200 IM	P	2:39.92	490
428	Smit, Jenna	F	16	CASC	Women 16&O 50 Back	F	34.21	490
429	Ryser, Aurora	F	16	TYGE	Women 16&O 200 IM	F	2:39.90	490
430	Van Galen, Ava-Loren	F	14	STAQ	Women 14-15 50 Breast	F	37.16	490
431	Langenhoven, Erin	F	16	SFSC	Women 16&O 200 Free	F	2:23.33	489
432	Smidt, Clio J	F	17	VINE	Women 16&O 50 Back	F	34.24	489



**Western Cape LC-A Championship 2023 - 14/12/2023 to 18/12/2023****FINA Points**

<b>Name</b>	<b>Gender</b>	<b>Age</b>	<b>Team</b>	<b>Event</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>	
433	Botha, Lara E	F	17	ASAW	Women 16&O 100 Breast	P	1:21.38	489
434	Combrink, Amy	F	14	VINE	Women 14-15 200 Free	P	2:23.35	489
435	Ryser, Aurora	F	16	TYGE	Women 16&O 50 Free	P	30.04	489
436	De Roubaix, Maric M	F	16	LALE	Women 16&O 1500 Free	F	19:28.21	489
437	Helmand, Jana	F	16	BLOT	Women 16&O 100 Free	P	1:05.67	488
438	Geyser, Almi	F	14	LALE	Women 14-15 50 Free	F	30.06	488
439	Havenga, Skyla K	F	17	CLSC	Women 16&O 50 Free	P	30.06	488
440	Viljoen, Jo-Ell	F	17	ASAW	Women 16&O 800 Free	F	10:15.50	488
441	Gennarakis, Christina	F	16	CASC	Women 16&O 50 Back	P	34.27	487
442	Gennarakis, Christina	F	16	CASC	Women 16&O 50 Fly	P	31.05	487
443	Combrink, Amy	F	14	VINE	Women 14-15 100 Breast	F	1:21.47	487
444	Cronjè, Danielle	F	15	LALE	Women 14-15 200 Back	P	2:36.81	486
445	Glover, Erin K	F	15	TYGE	Women 14-15 800 Free	F	10:16.25	486
446	Trout, Sophia L	F	14	VINE	Women 14-15 50 Back	P	34.31	486
447	Bergh, Madison S	F	14	AQUA	Women 14-15 1500 Free	F	19:30.48	486
448	Uys, Tara	F	18	TYGE	Women 16&O 100 Free	P	1:05.73	486
449	Van Niekerk, Lica	F	16	PLAY	Women 16&O 100 Back	P	1:13.04	486
450	Franks, Madison M	F	16	SSISA	Women 16&O 50 Free	P	30.10	486
451	Viljoen, Jo-Ell	F	17	ASAW	Women 16&O 200 Free	P	2:23.77	485
452	Sabbagha, Annè	F	17	PAQU	Women 16&O 50 Breast	F	37.27	485
453	Havenga, Skyla K	F	17	CLSC	Women 16&O 100 Free	P	1:05.78	485
454	Liebenberg, Emily M	F	14	SWAR	Women 14-15 50 Free	P	30.11	485
455	Wium, Mari	F	14	QSAW	Women 14-15 100 Free	P	1:05.78	485
456	Smit, Jenna	F	16	CASC	Women 16&O 50 Free	P	30.13	484
457	Bester, Lisa	F	16	WELL	Women 16&O 50 Back	P	34.35	484
458	Langenhoven, Erin	F	16	SFSC	Women 16&O 50 Breast	F	37.31	484
459	Combrink, Amy	F	14	VINE	Women 14-15 200 IM	P	2:40.58	484
460	Coleman, Madison	F	14	BLMA	Women 14-15 200 IM	F	2:40.73	483
461	Vd Wal, Mieke	F	15	CASC	Women 14-15 100 Free	P	1:05.89	483
462	Heyes, Danielle A	F	17	ASAC	Women 16&O 100 Free	P	1:05.88	483
463	Daniels, Sara H	F	17	BLMA	Women 16&O 50 Free	P	30.17	482
464	Bulose, Megan	F	19	UWCA	Women 16&O 50 Back	P	34.41	482
465	Glover, Erin K	F	15	TYGE	Women 14-15 200 Free	P	2:24.07	482
466	Goebel, Zoë	F	15	TYGE	Women 14-15 50 Back	P	34.39	482
467	Gerber, Mia	F	15	LALE	Women 14-15 100 Breast	F	1:21.77	482
468	Hugo, Anika S	F	17	QSAW	Women 16&O 50 Fly	P	31.15	482
469	Smit, Jenna	F	16	CASC	Women 16&O 100 Back	F	1:13.25	482
470	Hugo, Anika S	F	17	QSAW	Women 16&O 50 Free	P	30.19	481
471	Langenhoven, Erin	F	16	SFSC	Women 16&O 200 IM	F	2:40.86	481
472	Laubscher, Maya R	F	16	GSA	Women 16&O 200 Breast	F	2:57.31	481
473	Jones, Gemma K	F	15	VINE	Women 14-15 100 Free	P	1:05.97	481
474	Hahn, Kayleigh K	F	14	ROA	Women 14-15 200 Free	P	2:24.11	481
475	Van Niekerk, Lica	F	16	PLAY	Women 16&O 50 Breast	P	37.38	481
476	Jones, Gemma K	F	15	VINE	Women 14-15 200 Free	P	2:24.13	481
477	Newton, Ava L	F	14	CASC	Women 14-15 100 Back	F	1:13.32	481
478	Wium, Mari	F	14	QSAW	Women 14-15 100 Back	P	1:13.34	480
479	Webber, Isabella L	F	16	VINE	Women 16&O 50 Fly	P	31.20	480
480	Coleman, Madison	F	14	BLMA	Women 14-15 100 Breast	F	1:21.93	479
481	Vd Wal, Mieke	F	15	CASC	Women 14-15 200 Free	P	2:24.39	479
482	Holthuis, Keilah-Naomi	F	14	QSAW	Women 14-15 50 Free	P	30.25	479
483	Zeelie, Shanna-Leigh	F	14	BLMA	Women 14-15 200 Free	P	2:24.34	479
484	Schreuder, Hannah G	F	15	SAAW	Women 14-15 100 Breast	F	1:21.99	478
485	Cronjè, Danielle	F	15	LALE	Women 14-15 50 Fly	F	31.23	478
486	Uys, Tara	F	18	TYGE	Women 16&O 50 Free	P	30.27	478

**Western Cape LC-A Championship 2023 - 14/12/2023 to 18/12/2023****FINA Points**

Name	Gender	Age	Team	Event	Round	Time	Points	
487	Coleman, Madison	F	14	BLMA	Women 14-15 50 Free	P	30.26	478
488	Coleman, Madison	F	14	BLMA	Women 14-15 200 Free	P	2:24.47	478
489	Novello, Utah	F	17	CLSC	Women 16&O 200 IM	P	2:41.35	477
490	Ward, Tanith A	F	17	SSISA	Women 16&O 100 Free	P	1:06.18	477
491	Ryser, Aurora	F	16	TYGE	Women 16&O 50 Back	P	34.55	476
492	Liebenberg, Emily M	F	14	SWAR	Women 14-15 200 Free	F	2:24.61	476
493	Goebel, Zoë	F	15	TYGE	Women 14-15 50 Free	P	30.31	476
494	Wium, Mari	F	14	QSAW	Women 14-15 50 Free	P	30.31	476
495	Wium, Mari	F	14	QSAW	Women 14-15 50 Fly	F	31.27	476
496	Bergh, Madison S	F	14	AQUA	Women 14-15 200 Back	F	2:38.06	475
497	Hebler, Lily M	F	14	QSAW	Women 14-15 100 Free	P	1:06.25	475
498	Novello, Utah	F	17	CLSC	Women 16&O 100 Breast	F	1:22.15	475
499	Hartung, Amy M	F	14	ASAC	Women 14-15 400 Free	F	5:02.80	475
500	Schmidt, Amy	F	15	ASAW	Women 14-15 100 Back	P	1:13.58	475
501	Liebenberg, Emily M	F	14	SWAR	Women 14-15 100 Fly	F	1:11.08	475
502	Slinger, Gizelle	F	14	AQUA	Women 14-15 50 Free	F	30.33	475
503	King, Mischa	F	18	LALE	Women 16&O 100 Free	P	1:06.24	475
504	Gerber, Mia	F	15	LALE	Women 14-15 200 Breast	P	2:58.14	474
505	Brink, Payton B	F	17	VINE	Women 16&O 50 Fly	P	31.32	474
506	Jones, Gemma K	F	15	VINE	Women 14-15 100 Back	F	1:13.65	474
507	King, Mischa	F	18	LALE	Women 16&O 400 Free	F	5:03.11	474
508	Havenga, Skyla K	F	17	CLSC	Women 16&O 400 Free	F	5:03.02	474
509	Kotzè, Tamsyn G	F	16	BLMA	Women 16&O 400 Free	F	5:03.19	474
510	Sabbagha, Annè	F	17	PAQU	Women 16&O 50 Breast	P	37.60	473
511	Laubscher, Maya R	F	16	GSA	Women 16&O 400 Free	F	5:03.26	473
512	Langenhoven, Erin	F	16	SFSC	Women 16&O 400 Free	F	5:03.23	473
513	Zeelie, Shanna-Leigh	F	14	BLMA	Women 14-15 400 Free	F	5:03.38	473
514	Smidt, Clio J	F	17	VINE	Women 16&O 200 Back	P	2:38.25	473
515	Jeftha, Zara L	F	15	MARL	Women 14-15 50 Breast	F	37.58	473
516	Cronjè, Danielle	F	15	LALE	Women 14-15 50 Fly	P	31.34	473
517	Van Galen, Ava-Loren	F	14	STAQ	Women 14-15 50 Fly	P	31.37	472
518	Rossouw, Nadia	F	17	TYGE	Women 16&O 100 Free	P	1:06.40	472
519	De Villiers, Lezanne	F	19	LALE	Women 16&O 200 Back	P	2:38.35	472
520	Zeelie, Shanna-Leigh	F	14	BLMA	Women 14-15 50 Free	P	30.40	472
521	Goebel, Zoë	F	15	TYGE	Women 14-15 100 Free	P	1:06.39	472
522	Coleman, Madison	F	14	BLMA	Women 14-15 200 IM	P	2:41.92	472
523	Ryser, Aurora	F	16	TYGE	Women 16&O 100 Back	P	1:13.75	472
524	Zeelie, Shanna-Leigh	F	14	BLMA	Women 14-15 100 Free	P	1:06.41	472
525	Holthuis, Keilah-Naomi	F	14	QSAW	Women 14-15 200 Free	P	2:25.16	471
526	Humphrey, Jessica	F	15	AQUA	Women 14-15 50 Fly	F	31.39	471
527	Slinger, Gizelle	F	14	AQUA	Women 14-15 100 Free	P	1:06.43	471
528	Van Huyssteen, Miette	F	16	CUHE	Women 16&O 100 Back	P	1:13.79	471
529	Daffarn, Eri J	F	19	VINE	Women 16&O 100 Back	P	1:13.82	471
530	Webber, Isabella L	F	16	VINE	Women 16&O 100 Fly	F	1:11.29	471
531	Novello, Utah	F	17	CLSC	Women 16&O 50 Breast	P	37.65	471
532	Vd Wal, Mieke	F	15	CASC	Women 14-15 400 Free	F	5:03.94	470
533	Coleman, Madison	F	14	BLMA	Women 14-15 50 Breast	P	37.68	470
534	Bergh, Madison S	F	14	AQUA	Women 14-15 50 Back	P	34.69	470
535	Gennarakis, Christina	F	16	CASC	Women 16&O 400 Free	F	5:04.13	469
536	du Plessis, Madison	F	15	BLOT	Women 14-15 200 Free	P	2:25.42	468
537	Kleinmans, Zara I	F	18	AQDO	Women 16&O 400 Free	F	5:04.37	468
538	Hugo, Anika S	F	17	QSAW	Women 16&O 100 Breast	F	1:22.55	468
539	Watson, Caitlin C	F	16	BLMA	Women 16&O 50 Free	P	30.48	468
540	Raimond, Marike M	F	14	TYGE	Women 14-15 400 Free	F	5:04.44	468

**Western Cape LC-A Championship 2023 - 14/12/2023 to 18/12/2023****FINA Points**

<b>Name</b>	<b>Gender</b>	<b>Age</b>	<b>Team</b>	<b>Event</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>	
541	Kotzè, Tamsyn G	F	16	BLMA	Women 16&O 100 Free	P	1:06.60	468
542	Wium, Mari	F	14	QSAW	Women 14-15 100 Fly	F	1:11.48	467
543	du Plessis, Madison	F	15	BLOT	Women 14-15 800 Free	F	10:24.76	467
544	De Roubaix, Maric M	F	16	LALE	Women 16&O 200 Back	F	2:38.98	467
545	Glover, Erin K	F	15	TYGE	Women 14-15 100 Back	P	1:14.00	467
546	Wium, Mari	F	14	QSAW	Women 14-15 200 IM	F	2:42.45	467
547	Rossouw, Nadia	F	17	TYGE	Women 16&O 200 Free	P	2:25.62	467
548	Hugo, Anika S	F	17	QSAW	Women 16&O 200 Breast	P	2:59.16	466
549	Combrink, Amy	F	14	VINE	Women 14-15 200 Back	P	2:39.07	466
550	Laubscher, Maya R	F	16	GSA	Women 16&O 200 Breast	P	2:59.20	466
551	Humphrey, Jessica	F	15	AQUA	Women 14-15 50 Fly	P	31.49	466
552	Glover, Erin K	F	15	TYGE	Women 14-15 100 Free	P	1:06.74	465
553	Jeftha, Zara L	F	15	MARL	Women 14-15 50 Breast	P	37.80	465
554	Ryser, Aurora	F	16	TYGE	Women 16&O 200 IM	P	2:42.75	465
555	Watson, Caitlin C	F	16	BLMA	Women 16&O 50 Back	P	34.81	465
556	Schmidt, Amy	F	15	ASAW	Women 14-15 200 Back	P	2:39.15	465
557	Ryser, Aurora	F	16	TYGE	Women 16&O 200 Free	P	2:25.90	464
558	Raimond, Marike M	F	14	TYGE	Women 14-15 200 Free	P	2:25.87	464
559	Wium, Mari	F	14	QSAW	Women 14-15 200 IM	P	2:42.90	464
560	Hugo, Anika S	F	17	QSAW	Women 16&O 200 Breast	F	2:59.36	464
561	Newton, Ava L	F	14	CASC	Women 14-15 50 Back	P	34.83	464
562	Hartung, Amy M	F	14	ASAC	Women 14-15 100 Free	P	1:06.83	463
563	Webber, Isabella L	F	16	VINE	Women 16&O 100 Fly	P	1:11.67	463
564	Bergh, Madison S	F	14	AQUA	Women 14-15 200 Back	P	2:39.37	463
565	Geyser, Almi	F	14	LALE	Women 14-15 50 Free	P	30.59	463
566	Slinger, Gizelle	F	14	AQUA	Women 14-15 50 Free	P	30.59	463
567	Rossouw, Nadia	F	17	TYGE	Women 16&O 200 Back	P	2:39.43	463
568	Daniels, Sara H	F	17	BLMA	Women 16&O 50 Breast	F	37.88	462
569	Jantzen, Zianè	F	14	QUIC	Women 14-15 50 Back	P	34.88	462
570	Ward, Tanith A	F	17	SSISA	Women 16&O 200 Back	P	2:39.52	462
571	Helmand, Anieke	F	18	KOVS	Women 16&O 100 Breast	P	1:23.00	461
572	Verbeek, Wilmien	F	15	CASC	Women 14-15 100 Free	P	1:06.93	461
573	Lategan, Emma M	F	15	CASC	Women 14-15 100 Back	P	1:14.32	461
574	Olivier, Shani	F	16	WELL	Women 16&O 100 Breast	F	1:23.03	460
575	Combrink, Amy	F	14	VINE	Women 14-15 200 Breast	F	2:59.93	460
576	Novello, Utah	F	17	CLSC	Women 16&O 100 Fly	F	1:11.84	460
577	Coleman, Madison	F	14	BLMA	Women 14-15 400 IM	F	5:44.98	460
578	Hahn, Kayleigh K	F	14	ROA	Women 14-15 400 Free	F	5:06.44	459
579	Combrink, Amy	F	14	VINE	Women 14-15 50 Fly	F	31.66	459
580	Franks, Madison M	F	16	SSISA	Women 16&O 200 Free	P	2:26.42	459
581	Hebler, Lily M	F	14	QSAW	Women 14-15 50 Free	P	30.68	459
582	Hartung, Amy M	F	14	ASAC	Women 14-15 800 Free	F	10:28.30	459
583	Van Galen, Ava-Loren	F	14	STAQ	Women 14-15 50 Breast	P	37.97	459
584	Bergh, Madison S	F	14	AQUA	Women 14-15 200 IM	P	2:43.38	459
585	Heyes, Danielle A	F	17	ASAC	Women 16&O 50 Fly	P	31.67	459
586	Smidt, Clio J	F	17	VINE	Women 16&O 200 Back	F	2:39.80	459
587	Wium, Mari	F	14	QSAW	Women 14-15 100 Fly	P	1:11.97	458
588	Langenhoven, Erin	F	16	SFSC	Women 16&O 200 IM	P	2:43.52	458
589	Gerber, Mia	F	15	LALE	Women 14-15 100 Breast	P	1:23.19	458
590	De Roubaix, Maric M	F	16	LALE	Women 16&O 100 Free	P	1:07.12	457
591	Sabbagha, Annè	F	17	PAQU	Women 16&O 100 Breast	F	1:23.24	457
592	Raimond, Marike M	F	14	TYGE	Women 14-15 800 Free	F	10:29.14	457
593	Combrink, Amy	F	14	VINE	Women 14-15 200 Back	F	2:40.12	457
594	Ward, Tanith A	F	17	SSISA	Women 16&O 50 Fly	P	31.71	457

**Western Cape LC-A Championship 2023 - 14/12/2023 to 18/12/2023****FINA Points**

Name	Gender	Age	Team	Event	Round	Time	Points	
595	Hayes, Kerrigan L	F	14	CASC	Women 14-15 200 Back	P	2:40.07	457
596	Combrink, Amy	F	14	VINE	Women 14-15 100 Breast	P	1:23.20	457
597	Novello, Utah	F	17	CLSC	Women 16&0 400 IM	F	5:45.69	457
598	Novello, Utah	F	17	CLSC	Women 16&0 50 Breast	F	38.03	457
599	Cronjè, Danielle	F	15	LALE	Women 14-15 200 IM	P	2:43.67	457
600	Newton, Ava L	F	14	CASC	Women 14-15 50 Free	P	30.72	457
601	Laubscher, Maya R	F	16	GSA	Women 16&0 1500 Free	F	19:55.46	456
602	Coleman, Madison	F	14	BLMA	Women 14-15 200 Breast	F	3:00.52	456
603	Trout, Sophia L	F	14	VINE	Women 14-15 100 Back	P	1:14.60	456
604	Watson, Caitlin C	F	16	BLMA	Women 16&0 50 Fly	P	31.74	455
605	Hartung, Amy M	F	14	ASAC	Women 14-15 400 IM	F	5:46.25	455
606	Rossouw, Nadia	F	17	TYGE	Women 16&0 100 Back	P	1:14.67	455
607	Vd Wal, Mieke	F	15	CASC	Women 14-15 50 Fly	P	31.76	455
608	Morris, Jenna	F	14	VINE	Women 14-15 200 Breast	F	3:00.62	455
609	Novello, Utah	F	17	CLSC	Women 16&0 100 Fly	P	1:12.16	454
610	Raimond, Marike M	F	14	TYGE	Women 14-15 1500 Free	F	19:57.20	454
611	Hugo, Anika S	F	17	QSAW	Women 16&0 100 Fly	P	1:12.18	454
612	Sabbagha, Annè	F	17	PAQU	Women 16&0 100 Breast	P	1:23.42	454
613	Coleman, Madison	F	14	BLMA	Women 14-15 100 Free	P	1:07.30	453
614	Coleman, Madison	F	14	BLMA	Women 14-15 100 Breast	P	1:23.46	453
615	Franks, Madison M	F	16	SSISA	Women 16&0 400 Free	F	5:07.71	453
616	Venter, Liya E	F	18	BLMA	Women 16&0 50 Free	P	30.80	453
617	Zeelie, Shanna-Leigh	F	14	BLMA	Women 14-15 50 Back	P	35.14	452
618	Morris, Jenna	F	14	VINE	Women 14-15 100 Breast	F	1:23.55	452
619	Combrink, Amy	F	14	VINE	Women 14-15 50 Fly	P	31.82	452
620	Gerber, Mia	F	15	LALE	Women 14-15 50 Breast	F	38.16	452
621	Laubscher, Maya R	F	16	GSA	Women 16&0 50 Fly	P	31.82	452
622	De Roubaix, Maric M	F	16	LALE	Women 16&0 100 Back	P	1:14.85	452
623	Verbeek, Wilmien	F	15	CASC	Women 14-15 50 Free	P	30.85	451
624	Bergh, Madison S	F	14	AQUA	Women 14-15 200 IM	F	2:44.36	451
625	Heyes, Danielle A	F	17	ASAC	Women 16&0 50 Breast	F	38.20	451
626	Franks, Madison M	F	16	SSISA	Women 16&0 100 Free	P	1:07.41	451
627	Ribeiro, Nuria A	F	21	MATI	Women 16&0 50 Fly	P	31.84	451
628	Langenhoven, Erin	F	16	SFSC	Women 16&0 100 Breast	P	1:23.59	451
629	Hahn, Kayleigh K	F	14	ROA	Women 14-15 1500 Free	F	20:00.82	450
630	Daniels, Sara H	F	17	BLMA	Women 16&0 100 Free	P	1:07.47	450
631	Smit, Jenna	F	16	CASC	Women 16&0 200 IM	P	2:44.58	450
632	du Plessis, Madison	F	15	BLOT	Women 14-15 200 Back	P	2:40.96	450
633	Smit, Jenna	F	16	CASC	Women 16&0 200 Back	P	2:40.86	450
634	Havenga, Skyla K	F	17	CLSC	Women 16&0 50 Breast	F	38.23	450
635	Laubscher, Maya R	F	16	GSA	Women 16&0 400 IM	F	5:47.38	450
636	Geyser, Almi	F	14	LALE	Women 14-15 100 Free	P	1:07.43	450
637	Senekal, Margo	F	14	TYGE	Women 14-15 400 Free	F	5:08.57	449
638	Bester, Lisa	F	16	WELL	Women 16&0 100 Back	P	1:15.01	449
639	Bester, Lisa	F	16	WELL	Women 16&0 50 Fly	P	31.89	449
640	Hugo, Anika S	F	17	QSAW	Women 16&0 50 Fly	F	31.89	449
641	Schmidt, Amy	F	15	ASAW	Women 14-15 100 Free	P	1:07.56	448
642	Kotzè, Tamsyn G	F	16	BLMA	Women 16&0 1500 Free	F	20:02.82	448
643	Liebenberg, Emily M	F	14	SWAR	Women 14-15 50 Fly	P	31.92	448
644	Olivier, Shani	F	16	WELL	Women 16&0 200 Breast	P	3:01.53	448
645	Gennarakis, Christina	F	16	CASC	Women 16&0 200 IM	P	2:44.86	447
646	Hahn, Kayleigh K	F	14	ROA	Women 14-15 200 IM	P	2:44.83	447
647	Rossouw, Nadia	F	17	TYGE	Women 16&0 200 Back	F	2:41.21	447
648	De Roubaix, Maric M	F	16	LALE	Women 16&0 200 Back	P	2:41.35	446

**Western Cape LC-A Championship 2023 - 14/12/2023 to 18/12/2023****FINA Points**

	<b>Name</b>	<b>Gender</b>	<b>Age</b>	<b>Team</b>	<b>Event</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
649	Langenhoven, Erin	F	16	SFSC	Women 16&O 100 Breast	F	1:23.88	446
650	Borman, Jani	F	15	SWAR	Women 14-15 200 Breast	P	3:01.77	446
651	Jantzen, Zianè	F	14	QUIC	Women 14-15 100 Fly	F	1:12.60	446
652	Ward, Tanith A	F	17	SSISA	Women 16&O 50 Free	P	30.98	446
653	Slinger, Gizelle	F	14	AQUA	Women 14-15 200 Free	P	2:27.85	446
654	Vd Westhuizen, Joy	F	15	AQDO	Women 14-15 200 Free	P	2:27.83	446
655	Langenhoven, Erin	F	16	SFSC	Women 16&O 50 Fly	P	31.97	446
656	Holthuis, Keilah-Naomi	F	14	QSAW	Women 14-15 400 Free	F	5:09.50	445
657	Hahn, Kayleigh K	F	14	ROA	Women 14-15 200 IM	F	2:45.16	445
658	Langenhoven, Erin	F	16	SFSC	Women 16&O 50 Breast	P	38.37	445
659	Olivier, Shani	F	16	WELL	Women 16&O 50 Breast	F	38.36	445
660	Gerber, Mia	F	15	LALE	Women 14-15 50 Breast	P	38.40	444
661	Rossouw, Emma M	F	14	TYGE	Women 14-15 50 Back	P	35.35	444
662	Ryser, Aurora	F	16	TYGE	Women 16&O 200 Back	F	2:41.62	444
663	Goebel, Zoë	F	15	TYGE	Women 14-15 100 Back	P	1:15.29	444
664	Havenga, Skyla K	F	17	CLSC	Women 16&O 100 Breast	F	1:24.05	444
665	Laubscher, Maya R	F	16	GSA	Women 16&O 50 Breast	P	38.39	444
666	Borman, Jani	F	15	SWAR	Women 14-15 200 Breast	F	3:02.09	444
667	Liebenberg, Emily M	F	14	SWAR	Women 14-15 200 IM	P	2:45.44	443
668	Liebenberg, Emily M	F	14	SWAR	Women 14-15 100 Fly	P	1:12.77	443
669	Herbst, Mienke	F	17	SSISA	Women 16&O 200 Breast	F	3:02.27	443
670	Herbst, Mienke	F	17	SSISA	Women 16&O 100 Breast	F	1:24.08	443
671	Morris, Jenna	F	14	VINE	Women 14-15 200 Breast	P	3:02.16	443
672	Coleman, Madison	F	14	BLMA	Women 14-15 100 Back	P	1:15.35	443
673	Newton, Ava L	F	14	CASC	Women 14-15 200 IM	P	2:45.35	443
674	Laubscher, Maya R	F	16	GSA	Women 16&O 50 Breast	F	38.45	442
675	Olivier, Shani	F	16	WELL	Women 16&O 100 Breast	P	1:24.13	442
676	Smit, Jenna	F	16	CASC	Women 16&O 200 Back	F	2:41.92	442
677	Borman, Jani	F	15	SWAR	Women 14-15 100 Breast	P	1:24.17	442
678	Van Galen, Ava-Loren	F	14	STAQ	Women 14-15 100 Breast	F	1:24.24	441
679	Havemann, Bella	F	15	ASAC	Women 14-15 100 Free	P	1:07.93	441
680	Vd Wal, Mieke	F	15	CASC	Women 14-15 50 Fly	F	32.10	440
681	Langenhoven, Erin	F	16	SFSC	Women 16&O 100 Fly	P	1:12.90	440
682	Ryser, Aurora	F	16	TYGE	Women 16&O 400 IM	F	5:50.32	439
683	Gennarakis, Christina	F	16	CASC	Women 16&O 200 IM	F	2:45.90	439
684	Newton, Ava L	F	14	CASC	Women 14-15 200 Breast	P	3:02.73	439
685	Newton, Ava L	F	14	CASC	Women 14-15 50 Breast	P	38.57	438
686	Venter, Liya E	F	18	BLMA	Women 16&O 100 Free	P	1:08.08	438
687	Herbst, Mienke	F	17	SSISA	Women 16&O 50 Breast	F	38.60	437
688	Borman, Jani	F	15	SWAR	Women 14-15 200 IM	P	2:46.12	437
689	Morris, Jenna	F	14	VINE	Women 14-15 50 Breast	F	38.61	437
690	Schmidt, Amy	F	15	ASAW	Women 14-15 200 Free	P	2:28.83	437
691	Newton, Ava L	F	14	CASC	Women 14-15 400 Free	F	5:11.43	437
692	Coleman, Madison	F	14	BLMA	Women 14-15 200 Breast	P	3:03.19	436
693	Gennarakis, Christina	F	16	CASC	Women 16&O 100 Back	P	1:15.75	436
694	Gerber, Mia	F	15	LALE	Women 14-15 50 Free	P	31.21	436
695	Havenga, Skyla K	F	17	CLSC	Women 16&O 50 Breast	P	38.63	436
696	Novello, Utah	F	17	CLSC	Women 16&O 100 Breast	P	1:24.52	436
697	Uys, Tara	F	18	TYGE	Women 16&O 50 Fly	P	32.21	436
698	Kotzè, Tamsyn G	F	16	BLMA	Women 16&O 50 Free	P	31.21	436
699	Raimond, Marike M	F	14	TYGE	Women 14-15 100 Free	P	1:08.24	435
700	Zeelie, Shanna-Leigh	F	14	BLMA	Women 14-15 100 Fly	F	1:13.22	435
701	Borman, Jani	F	15	SWAR	Women 14-15 100 Breast	F	1:24.68	434
702	Havenga, Skyla K	F	17	CLSC	Women 16&O 100 Breast	P	1:24.70	434

**Western Cape LC-A Championship 2023 - 14/12/2023 to 18/12/2023****FINA Points**

<b>Name</b>	<b>Gender</b>	<b>Age</b>	<b>Team</b>	<b>Event</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>	
703	Combrink, Amy	F	14	VINE	Women 14-15 200 Breast	P	3:03.50	434
704	Newton, Ava L	F	14	CASC	Women 14-15 400 IM	F	5:51.64	434
705	Smit, Jenna	F	16	CASC	Women 16&O 200 IM	F	2:46.52	434
706	Theron, Jady	F	16	ASAW	Women 16&O 800 Free	F	10:40.06	434
707	Rossouw, Emma M	F	14	TYGE	Women 14-15 400 IM	F	5:51.67	434
708	Witten, Hannah	F	16	AQDO	Women 16&O 200 Breast	F	3:03.44	434
709	Hayes, Kerrigan L	F	14	CASC	Women 14-15 50 Free	P	31.28	433
710	Glover, Erin K	F	15	TYGE	Women 14-15 50 Free	P	31.28	433
711	Zeelie, Shanna-Leigh	F	14	BLMA	Women 14-15 100 Back	P	1:15.91	433
712	Herbst, Mienke	F	17	SSISA	Women 16&O 100 Breast	P	1:24.71	433
713	Schreuder, Hannah G	F	15	SAAW	Women 14-15 200 Breast	P	3:03.55	433
714	Witten, Hannah	F	16	AQDO	Women 16&O 200 Breast	P	3:03.53	433
715	Langenhoven, Erin	F	16	SFSC	Women 16&O 50 Free	P	31.27	433
716	Novello, Utah	F	17	CLSC	Women 16&O 200 Breast	F	3:03.55	433
717	Raimond, Marike M	F	14	TYGE	Women 14-15 50 Back	P	35.68	432
718	Sabbagha, Annè	F	17	PAQU	Women 16&O 100 Free	P	1:08.36	432
719	Coleman, Madison	F	14	BLMA	Women 14-15 400 Free	F	5:12.71	432
720	Gennarakis, Christina	F	16	CASC	Women 16&O 100 Fly	F	1:13.36	432
721	Morris, Jenna	F	14	VINE	Women 14-15 100 Breast	P	1:24.78	432
722	Slinger, Gizelle	F	14	AQUA	Women 14-15 50 Back	P	35.67	432
723	Geyser, Almi	F	14	LALE	Women 14-15 200 Free	P	2:29.35	432
724	Zeelie, Shanna-Leigh	F	14	BLMA	Women 14-15 800 Free	F	10:41.75	431
725	du Plessis, Madison	F	15	BLOT	Women 14-15 100 Back	P	1:16.03	431
726	Smith, Lara E	F	15	TYGE	Women 14-15 50 Free	P	31.33	431
727	Ryser, Aurora	F	16	TYGE	Women 16&O 200 Back	P	2:43.25	431
728	Goebel, Zoë	F	15	TYGE	Women 14-15 200 IM	P	2:47.07	430
729	Verbeek, Wilmien	F	15	CASC	Women 14-15 200 Free	P	2:29.60	430
730	Jones, Gemma K	F	15	VINE	Women 14-15 50 Fly	P	32.37	429
731	Glover, Erin K	F	15	TYGE	Women 14-15 200 Back	P	2:43.44	429
732	Herbst, Mienke	F	17	SSISA	Women 16&O 200 Breast	P	3:04.17	429
733	Vd Merwe, Mi-Ly	F	14	LALE	Women 14-15 200 Back	P	2:43.61	428
734	Rossouw, Emma M	F	14	TYGE	Women 14-15 100 Back	P	1:16.18	428
735	Watson, Caitlin C	F	16	BLMA	Women 16&O 100 Back	P	1:16.24	427
736	Rossouw, Emma M	F	14	TYGE	Women 14-15 200 Free	P	2:30.00	427
737	Herbst, Mienke	F	17	SSISA	Women 16&O 50 Breast	P	38.88	427
738	Olivier, Shani	F	16	WELL	Women 16&O 200 Free	P	2:30.04	426
739	Rossouw, Emma M	F	14	TYGE	Women 14-15 200 IM	P	2:47.52	426
740	Gerber, Mia	F	15	LALE	Women 14-15 200 IM	P	2:47.57	426
741	Gennarakis, Christina	F	16	CASC	Women 16&O 100 Fly	P	1:13.68	426
742	Olivier, Shani	F	16	WELL	Women 16&O 50 Breast	P	38.91	426
743	Morris, Jenna	F	14	VINE	Women 14-15 100 Back	P	1:16.38	425
744	Morris, Jenna	F	14	VINE	Women 14-15 50 Breast	P	38.95	425
745	Jeftha, Zara L	F	15	MARL	Women 14-15 50 Free	P	31.48	425
746	Newton, Ava L	F	14	CASC	Women 14-15 200 Free	P	2:30.25	425
747	Schreuder, Hannah G	F	15	SAAW	Women 14-15 100 Breast	P	1:25.36	424
748	Hayes, Kerrigan L	F	14	CASC	Women 14-15 50 Back	P	35.90	424
749	Raimond, Marike M	F	14	TYGE	Women 14-15 100 Back	P	1:16.50	423
750	Newton, Ava L	F	14	CASC	Women 14-15 100 Free	P	1:08.84	423
751	Havenga, Skyla K	F	17	CLSC	Women 16&O 50 Fly	P	32.52	423
752	de Jager, Katie	F	14	BLOT	Women 14-15 200 Back	P	2:44.31	423
753	Lategan, Emma M	F	15	CASC	Women 14-15 200 Back	P	2:44.50	421
754	Daniels, Sara H	F	17	BLMA	Women 16&O 50 Breast	P	39.08	421
755	Holthuis, Keilah-Naomi	F	14	QSAW	Women 14-15 100 Back	P	1:16.64	421
756	Schreuder, Hannah G	F	15	SAAW	Women 14-15 50 Breast	P	39.12	420

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<b>Name</b>	<b>Gender</b>	<b>Age</b>	<b>Team</b>	<b>Event</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>	
757	Smidt, Clio J	F	17	VINE	Women 16&O 200 IM	F	2:48.28	420
758	Smidt, Clio J	F	17	VINE	Women 16&O 100 Fly	P	1:14.06	420
759	Zeelie, Shanna-Leigh	F	14	BLMA	Women 14-15 200 Back	P	2:44.74	419
760	Sabbagha, Annè	F	17	PAQU	Women 16&O 200 Breast	P	3:05.58	419
761	Bulose, Megan	F	19	UWCA	Women 16&O 100 Free	P	1:09.07	419
762	Smidt, Clio J	F	17	VINE	Women 16&O 200 IM	P	2:48.50	419
763	Rossouw, Emma M	F	14	TYGE	Women 14-15 200 Back	P	2:44.91	418
764	Juries, Sam C	F	14	CLSC	Women 14-15 100 Back	P	1:16.78	418
765	Borman, Jani	F	15	SWAR	Women 14-15 100 Back	P	1:16.79	418
766	Jantzen, Zianè	F	14	QUIC	Women 14-15 100 Back	P	1:16.87	417
767	Vd Wal, Mieke	F	15	CASC	Women 14-15 100 Fly	P	1:14.25	417
768	Labuschagne, Michaela	F	16	SSISA	Women 16&O 50 Free	P	31.66	417
769	Heyes, Danielle A	F	17	ASAC	Women 16&O 200 Free	P	2:31.21	417
770	Holthuis, Keilah-Naomi	F	14	QSAW	Women 14-15 200 Back	P	2:45.23	416
771	Helmand, Anieke	F	18	KOVS	Women 16&O 100 Breast	F	1:25.96	415
772	Ryser, Aurora	F	16	TYGE	Women 16&O 100 Fly	F	1:14.33	415
773	Coleman, Madison	F	14	BLMA	Women 14-15 200 Back	P	2:45.24	415
774	Juries, Sam C	F	14	CLSC	Women 14-15 200 IM	P	2:49.21	414
775	Sabbagha, Annè	F	17	PAQU	Women 16&O 200 Breast	F	3:06.43	414
776	Heyes, Danielle A	F	17	ASAC	Women 16&O 50 Breast	P	39.33	413
777	Juries, Sam C	F	14	CLSC	Women 14-15 100 Free	P	1:09.43	413
778	Hayes, Kerrigan L	F	14	CASC	Women 14-15 100 Free	P	1:09.43	413
779	Daffarn, Eri J	F	19	VINE	Women 16&O 50 Fly	P	32.78	413
780	Vd Westhuizen, Joy	F	15	AQDO	Women 14-15 400 Free	F	5:17.21	413
781	Verbeek, Wilmien	F	15	CASC	Women 14-15 200 IM	P	2:49.27	413
782	Trout, Sophia L	F	14	VINE	Women 14-15 50 Fly	P	32.79	413
783	Vd Wal, Mieke	F	15	CASC	Women 14-15 100 Fly	F	1:14.48	413
784	Ward, Tanith A	F	17	SSISA	Women 16&O 200 Free	P	2:31.76	412
785	Slinger, Gizelle	F	14	AQUA	Women 14-15 100 Back	P	1:17.15	412
786	Vd Merwe, Mia	F	14	GSA	Women 14-15 50 Back	P	36.25	412
787	Labuschagne, Michaela	F	16	SSISA	Women 16&O 50 Fly	P	32.81	412
788	Watson, Caitlin C	F	16	BLMA	Women 16&O 200 Back	P	2:45.74	412
789	Juries, Sam C	F	14	CLSC	Women 14-15 200 Back	P	2:45.66	412
790	Schreuder, Hannah G	F	15	SAAW	Women 14-15 200 Free	P	2:31.78	412
791	Smidt, Clio J	F	17	VINE	Women 16&O 100 Free	P	1:09.51	411
792	Rossouw, Nadia	F	17	TYGE	Women 16&O 50 Breast	F	39.40	411
793	Hahn, Kayleigh K	F	14	ROA	Women 14-15 200 Breast	P	3:06.77	411
794	Raimond, Marike M	F	14	TYGE	Women 14-15 50 Free	P	31.82	411
795	Bergh, Madison S	F	14	AQUA	Women 14-15 50 Fly	P	32.85	411
796	Borman, Jani	F	15	SWAR	Women 14-15 50 Breast	P	39.42	410
797	Goebel, Zoè	F	15	TYGE	Women 14-15 200 Back	P	2:45.99	410
798	Bulose, Megan	F	19	UWCA	Women 16&O 50 Breast	P	39.44	410
799	Schreuder, Hannah G	F	15	SAAW	Women 14-15 50 Free	P	31.84	410
800	Lategan, Emma M	F	15	CASC	Women 14-15 50 Free	P	31.84	410
801	Jantzen, Zianè	F	14	QUIC	Women 14-15 200 Back	P	2:46.11	409
802	Havemann, Bella	F	15	ASAC	Women 14-15 50 Back	P	36.34	409
803	Van Galen, Ava-Loren	F	14	STAQ	Women 14-15 100 Breast	P	1:26.34	409
804	Coleman, Madison	F	14	BLMA	Women 14-15 50 Back	P	36.36	408
805	Ward, Tanith A	F	17	SSISA	Women 16&O 200 IM	P	2:49.96	408
806	Visser, Sandri	F	14	PLAY	Women 14-15 50 Breast	P	39.48	408
807	Sabbagha, Annè	F	17	PAQU	Women 16&O 200 IM	P	2:50.01	408
808	Van Galen, Ava-Loren	F	14	STAQ	Women 14-15 200 IM	P	2:49.92	408
809	Combrink, Amy	F	14	VINE	Women 14-15 100 Fly	P	1:14.83	407
810	Smith, Lara E	F	15	TYGE	Women 14-15 100 Back	P	1:17.47	407

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<b>Name</b>	<b>Gender</b>	<b>Age</b>	<b>Team</b>	<b>Event</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>	
811	Smidt, Clio J	F	17	VINE	Women 16&O 100 Fly	F	1:14.88	406
812	Newton, Ava L	F	14	CASC	Women 14-15 100 Breast	P	1:26.60	406
813	Morris, Jenna	F	14	VINE	Women 14-15 50 Free	P	31.95	406
814	Combrink, Amy	F	14	VINE	Women 14-15 100 Fly	F	1:14.92	406
815	Daniels, Sara H	F	17	BLMA	Women 16&O 100 Breast	F	1:26.54	406
816	Newton, Ava L	F	14	CASC	Women 14-15 800 Free	F	10:54.27	406
817	Vd Merwe, Mia	F	14	GSA	Women 14-15 200 Back	P	2:46.68	405
818	Vd Merwe, Mi-Ly	F	14	LALE	Women 14-15 100 Back	P	1:17.60	405
819	Lategan, Emma M	F	15	CASC	Women 14-15 50 Breast	P	39.57	405
820	Kotzè, Tamsyn G	F	16	BLMA	Women 16&O 400 IM	F	6:00.19	404
821	Smidt, Clio J	F	17	VINE	Women 16&O 50 Fly	P	33.03	404
822	Jantzen, Zianè	F	14	QUIC	Women 14-15 100 Fly	P	1:15.04	404
823	Heyes, Danielle A	F	17	ASAC	Women 16&O 50 Back	P	36.48	404
824	Zeelie, Shanna-Leigh	F	14	BLMA	Women 14-15 50 Fly	P	33.06	403
825	Olivier, Shani	F	16	WELL	Women 16&O 400 Free	F	5:20.17	402
826	De Oliveira, Aliyah	F	14	TYGE	Women 14-15 50 Back	P	36.55	402
827	Borman, Jani	F	15	SWAR	Women 14-15 200 Back	P	2:47.09	402
828	Slinger, Gizelle	F	14	AQUA	Women 14-15 50 Fly	P	33.12	401
829	De Oliveira, Aliyah	F	14	TYGE	Women 14-15 200 Back	P	2:47.38	400
830	Bester, Lisa	F	16	WELL	Women 16&O 200 Back	F	2:47.51	399
831	Zeelie, Shanna-Leigh	F	14	BLMA	Women 14-15 100 Fly	P	1:15.32	399
832	Slinger, Gizelle	F	14	AQUA	Women 14-15 200 Back	P	2:47.43	399
833	Juries, Sam C	F	14	CLSC	Women 14-15 50 Back	P	36.66	398
834	Heyes, Danielle A	F	17	ASAC	Women 16&O 200 IM	P	2:51.59	397
835	Bester, Lisa	F	16	WELL	Women 16&O 200 Back	P	2:47.82	397
836	Hartung, Amy M	F	14	ASAC	Women 14-15 1500 Free	F	20:53.43	396
837	Geyser, Almi	F	14	LALE	Women 14-15 200 IM	P	2:51.64	396
838	Novello, Utah	F	17	CLSC	Women 16&O 200 Breast	P	3:09.07	396
839	Verbeek, Wilmien	F	15	CASC	Women 14-15 50 Back	P	36.77	395
840	Jantzen, Zianè	F	14	QUIC	Women 14-15 200 Free	P	2:33.95	395
841	Witten, Hannah	F	16	AQDO	Women 16&O 100 Free	P	1:10.51	394
842	De Oliveira, Aliyah	F	14	TYGE	Women 14-15 200 IM	P	2:52.08	393
843	Witten, Hannah	F	16	AQDO	Women 16&O 200 IM	P	2:52.21	392
844	Rossouw, Nadia	F	17	TYGE	Women 16&O 50 Breast	P	40.03	392
845	Bulose, Megan	F	19	UWCA	Women 16&O 100 Back	P	1:18.44	392
846	Havenga, Skyla K	F	17	CLSC	Women 16&O 200 Breast	P	3:09.84	392
847	Vd Merwe, Simone	F	16	GSA	Women 16&O 100 Free	P	1:10.70	391
848	Sabbagha, Annè	F	17	PAQU	Women 16&O 50 Free	P	32.37	390
849	Morris, Jenna	F	14	VINE	Women 14-15 50 Fly	P	33.41	390
850	Trout, Sophia L	F	14	VINE	Women 14-15 200 Back	P	2:48.86	389
851	Hebler, Lily M	F	14	QSAW	Women 14-15 50 Breast	P	40.12	389
852	De Oliveira, Aliyah	F	14	TYGE	Women 14-15 400 IM	F	6:05.19	388
853	Vd Merwe, Mia	F	14	GSA	Women 14-15 100 Free	P	1:10.91	387
854	du Plessis, Madison	F	15	BLOT	Women 14-15 100 Fly	P	1:16.08	387
855	Vd Merwe, Simone	F	16	GSA	Women 16&O 50 Fly	P	33.53	386
856	Hahn, Kayleigh K	F	14	ROA	Women 14-15 100 Breast	P	1:28.08	385
857	Herbst, Mienke	F	17	SSISA	Women 16&O 200 IM	P	2:53.29	385
858	Terblanche, Essie	F	14	LALE	Women 14-15 50 Fly	P	33.58	385
859	Witten, Hannah	F	16	AQDO	Women 16&O 100 Breast	P	1:28.16	384
860	Kotzè, Tamsyn G	F	16	BLMA	Women 16&O 50 Fly	P	33.59	384
861	Visser, Sandri	F	14	PLAY	Women 14-15 100 Breast	P	1:28.20	384
862	Geyser, Almi	F	14	LALE	Women 14-15 200 Breast	P	3:11.03	384
863	Newton, Ava L	F	14	CASC	Women 14-15 50 Breast	F	40.32	383
864	Liebenberg, Emily M	F	14	SWAR	Women 14-15 200 Fly	F	2:47.69	383



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Name	Gender	Age	Team	Event	Round	Time	Points	
865	Hayes, Kerrigan L	F	14	CASC	Women 14-15 400 Free	F	5:25.33	383
866	Trout, Sophia L	F	14	VINE	Women 14-15 100 Fly	P	1:16.43	382
867	Visser, Sandri	F	14	PLAY	Women 14-15 200 Breast	P	3:11.41	382
868	Juries, Sam C	F	14	CLSC	Women 14-15 200 Free	P	2:35.84	381
869	Lategan, Emma M	F	15	CASC	Women 14-15 50 Fly	P	33.67	381
870	Ryser, Aurora	F	16	TYGE	Women 16&O 100 Fly	P	1:16.48	381
871	Visser, Sandri	F	14	PLAY	Women 14-15 50 Free	P	32.64	381
872	Lategan, Emma M	F	15	CASC	Women 14-15 200 IM	P	2:53.90	381
873	Vd Merwe, Mi-Ly	F	14	LALE	Women 14-15 200 Free	P	2:35.89	380
874	Herbst, Mienke	F	17	SSISA	Women 16&O 200 IM	F	2:53.98	380
875	Vd Merwe, Mia	F	14	GSA	Women 14-15 100 Back	P	1:19.31	380
876	Vd Merwe, Mi-Ly	F	14	LALE	Women 14-15 100 Free	P	1:11.41	379
877	Hahn, Kayleigh K	F	14	ROA	Women 14-15 50 Breast	P	40.50	378
878	Trout, Sophia L	F	14	VINE	Women 14-15 100 Free	P	1:11.46	378
879	Trout, Sophia L	F	14	VINE	Women 14-15 200 IM	P	2:54.29	378
880	Terblanche, Essie	F	14	LALE	Women 14-15 50 Free	P	32.78	376
881	Vd Westhuizen, Joy	F	15	AQDO	Women 14-15 400 IM	F	6:08.73	376
882	Hayes, Kerrigan L	F	14	CASC	Women 14-15 800 Free	F	11:11.60	376
883	Bulose, Megan	F	19	UWCA	Women 16&O 50 Fly	P	33.86	375
884	Jagger, Ammara	F	15	AQDO	Women 14-15 400 Free	F	5:27.63	375
885	Vd Westhuizen, Joy	F	15	AQDO	Women 14-15 100 Back	P	1:19.71	374
886	Geyser, Almi	F	14	LALE	Women 14-15 50 Breast	P	40.69	373
887	Hayes, Kerrigan L	F	14	CASC	Women 14-15 50 Fly	P	33.93	373
888	Morris, Jenna	F	14	VINE	Women 14-15 200 Back	P	2:51.41	372
889	Kotzè, Tamsyn G	F	16	BLMA	Women 16&O 50 Back	P	37.54	371
890	Gennarakis, Christina	F	16	CASC	Women 16&O 200 Back	P	2:51.64	371
891	Bergh, Madison S	F	14	AQUA	Women 14-15 100 Fly	P	1:17.41	368
892	Goebel, Zoë	F	15	TYGE	Women 14-15 50 Breast	P	40.94	366
893	Havemann, Bella	F	15	ASAC	Women 14-15 50 Breast	P	40.94	366
894	Smith, Lara E	F	15	TYGE	Women 14-15 100 Fly	P	1:17.54	366
895	Havemann, Bella	F	15	ASAC	Women 14-15 200 IM	P	2:56.43	365
896	Ryser, Aurora	F	16	TYGE	Women 16&O 50 Breast	P	41.00	364
897	Gerber, Mia	F	15	LALE	Women 14-15 50 Fly	P	34.22	363
898	Daniels, Sara H	F	17	BLMA	Women 16&O 50 Fly	P	34.29	361
899	Daniels, Sara H	F	17	BLMA	Women 16&O 100 Breast	P	1:30.14	360
900	Jagger, Ammara	F	15	AQDO	Women 14-15 50 Back	P	37.94	359
901	Holthuis, Keilah-Naomi	F	14	QSAW	Women 14-15 100 Breast	P	1:30.19	359
902	Slinger, Gizelle	F	14	AQUA	Women 14-15 100 Fly	P	1:18.08	358
903	Verbeek, Wilmien	F	15	CASC	Women 14-15 50 Fly	P	34.39	358
904	Lategan, Emma M	F	15	CASC	Women 14-15 100 Breast	P	1:30.31	358
905	Gerber, Mia	F	15	LALE	Women 14-15 100 Back	P	1:21.01	356
906	Havemann, Bella	F	15	ASAC	Women 14-15 100 Back	P	1:21.01	356
907	Ryser, Aurora	F	16	TYGE	Women 16&O 50 Fly	P	34.45	356
908	Jagger, Ammara	F	15	AQDO	Women 14-15 100 Free	P	1:12.93	356
909	Vd Merwe, Simone	F	16	GSA	Women 16&O 50 Back	P	38.04	356
910	Vd Merwe, Mi-Ly	F	14	LALE	Women 14-15 50 Fly	P	34.60	351
911	De Oliveira, Aliyah	F	14	TYGE	Women 14-15 100 Breast	P	1:31.25	347
912	Hartung, Amy M	F	14	ASAC	Women 14-15 100 Fly	P	1:18.96	346
913	Vd Merwe, Mia	F	14	GSA	Women 14-15 50 Fly	P	34.78	346
914	Havemann, Bella	F	15	ASAC	Women 14-15 50 Fly	P	34.78	346
915	Vd Westhuizen, Joy	F	15	AQDO	Women 14-15 100 Fly	P	1:18.97	346
916	Lategan, Emma M	F	15	CASC	Women 14-15 200 Breast	P	3:17.97	345
917	Senekal, Margo	F	14	TYGE	Women 14-15 100 Back	P	1:21.98	344
918	Kotzè, Tamsyn G	F	16	BLMA	Women 16&O 50 Breast	P	41.84	343

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<b>Name</b>	<b>Gender</b>	<b>Age</b>	<b>Team</b>	<b>Event</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
919 Visser, Sandri	F	14	PLAY	Women 14-15 50 Back	P	38.55	342
920 Vd Merwe, Simone	F	16	GSA	Women 16&O 100 Back	P	1:22.13	342
921 Visser, Sandri	F	14	PLAY	Women 14-15 100 Free	P	1:14.04	340
922 Juries, Sam C	F	14	CLSC	Women 14-15 50 Fly	P	35.06	338
923 Juries, Sam C	F	14	CLSC	Women 14-15 50 Free	P	34.02	336
924 Verbeek, Wilmien	F	15	CASC	Women 14-15 100 Fly	P	1:19.79	336
925 Geysler, Almi	F	14	LALE	Women 14-15 50 Fly	P	35.14	336
926 Hartung, Amy M	F	14	ASAC	Women 14-15 50 Fly	P	35.21	334
927 Verbeek, Wilmien	F	15	CASC	Women 14-15 50 Breast	P	42.20	334
928 Schreuder, Hannah G	F	15	SAAW	Women 14-15 200 IM	P	3:01.99	332
929 Daniels, Sara H	F	17	BLMA	Women 16&O 100 Fly	P	1:20.33	329
930 Vd Westhuizen, Joy	F	15	AQDO	Women 14-15 200 Fly	F	2:56.60	328
931 Glover, Erin K	F	15	TYGE	Women 14-15 50 Breast	P	42.52	327
932 Gerber, Mia	F	15	LALE	Women 14-15 100 Fly	P	1:20.54	326
933 Jagger, Ammara	F	15	AQDO	Women 14-15 100 Back	P	1:23.55	325
934 Smith, Lara E	F	15	TYGE	Women 14-15 50 Breast	P	42.67	323
935 Glover, Erin K	F	15	TYGE	Women 14-15 100 Breast	P	1:33.54	322
936 Visser, Sandri	F	14	PLAY	Women 14-15 50 Fly	P	35.78	318
937 Raimond, Marike M	F	14	TYGE	Women 14-15 50 Fly	P	35.81	317
938 Rossouw, Emma M	F	14	TYGE	Women 14-15 100 Breast	P	1:34.37	313
939 Terblanche, Essie	F	14	LALE	Women 14-15 100 Free	P	1:16.63	307
940 Terblanche, Essie	F	14	LALE	Women 14-15 100 Back	P	1:25.44	304
941 Jeftha, Zara L	F	15	MARL	Women 14-15 50 Back	P	40.09	304
942 Slinger, Gizelle	F	14	AQUA	Women 14-15 50 Breast	P	46.32	253
943 Vd Merwe, Mia S14	F	25	CASC	Women 16&O 50 Free	P	37.68	247
944 Schreuder, Hannah G	F	15	SAAW	Women 14-15 50 Fly	P	38.94	246